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# [Use of high-dose lysozyme in the treatment of herpes zoster and flat warts]

Article in Minerva medica 75(9-10):457-62 · April 1984 with 26 Reads Source: PubMed



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#### Abstract

Lysozyme is a natural enzyme with antiviral, antibacterial and immunomodulating+ action. This drug has several dermatological applications particularly in the therapy of some viral skin diseases as herpes zoster, viral warts and aphthous stomatitis. In this work the Author has valued the efficacy of high dosage lysozyme in the treatment of 30 patients with herpes zoster infection and in 10 patients affected with viral plane warts. The good results obtained in this clinical trial confirm those reported in previous papers and denote the usefulness of this therapy.

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### Enhancement of Anti-Herpetic Activity of Glycyrrhizic Acid by Physiological Proteins

"The only accepted property of these compounds on viruses is the low specificity of action and the quite high doses needed to exert a protective in vitro effect. Consequently, their use has been generally suggested for the treatment of topic herpetic lesions in the mouth, genitalia and eyes (Cavicchini, 1984). The finding that a synergistic effect can be obtained by the combination of these compounds is very interesting since it allows us to consider the possibility of reaching more effective viral suppression at the same doses used for the single drugs, or, more importantly, it allows an antiviral effect to be obtained at doses much lower than those needed for the single compounds, with the opportunity